

YOU ARE WARMLY INVITED

10AM Friday 25th to 3PM Monday 28th March
Begins with registration and new person
programme followed by an opening ceremony
at 11 am.

PROGRAMME ACTIVITIES

Kiirtan and meditation, social and spiritual
philosophy workshops, opportunity to do
service on the land as well as have time for
kayaking and exploring the island.

PAYMENT INSTRUCTIONS

Please deposit to the Ananda Marga account
Kiwi Bank: 38 9016 0002749 00
Use Easter Retreat and your name as
references.

Anyone who wishes to make a donation to
sponsor acaryas or low income people will be
very much appreciated.

CONTACT

Jiivan: +64 27 6353414
sta_com_trust@yahoo.co.nz
Didi Anuprabha: 0221709837 / 034771701
E-mail: didi.anuprabha@gmail.com



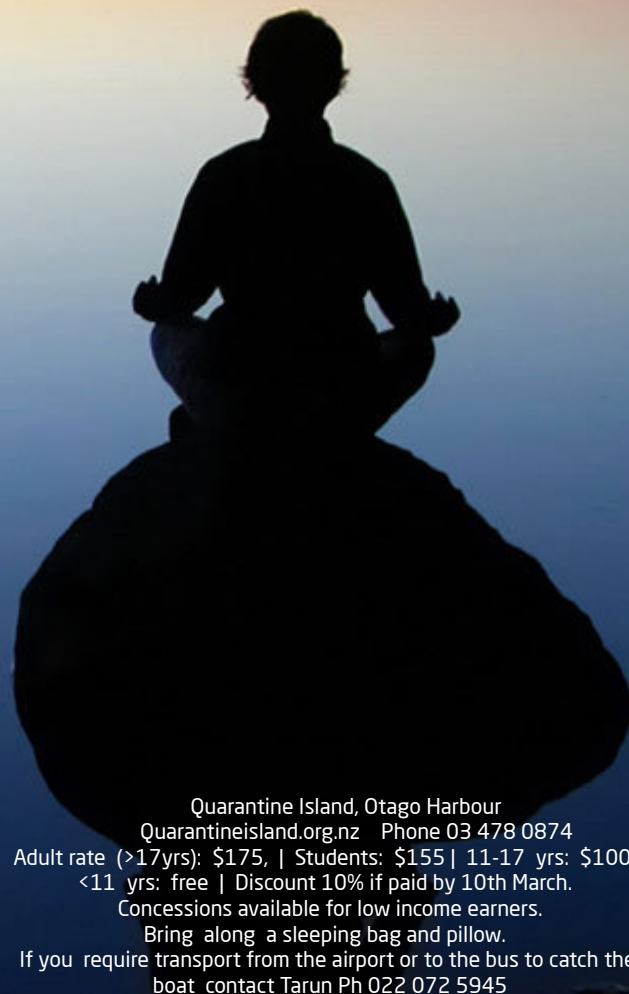
Ananda Marga
Aotearoa

REGIONAL RETREAT, NEW ZEALAND 25 - 28 March 2016 (Fri-Mon)

Self-realisation and Service to Humanity

"In liberation of self, there is internal service; and in
service to humanity, there is external service.
Both are needed. By external service the mind is
purified and with the purified mind, internal
service can be done by everyone."

Shrii Shrii Anandamurti



Quarantine Island, Otago Harbour

Quarantineisland.org.nz Phone 03 478 0874

Adult rate (>17yrs): \$175, | Students: \$155 | 11-17 yrs: \$100 |
<11 yrs: free | Discount 10% if paid by 10th March.

Concessions available for low income earners.

Bring along a sleeping bag and pillow.

If you require transport from the airport or to the bus to catch the
boat contact Tarun Ph 022 072 5945

DIRECTIONS TO THE BOAT

at Back Beach, Port Chalmers.

BY CAR

Head northeast on Anzac Ave and turn onto
State Highway 88 at the Rugby Stadium
10.9 km - Turn right onto Beach St, Port Chalmers
500 m - Continue onto Peninsula Beach Rd
Destination will be on the left 300 m
Next to Port Chalmers Yacht Club 39 Peninsula
Beach Road, Port Chalmers where there is ample
car parking.

**From Didi's jagrti at 41 Maitland St. cars will
depart at 8.30a.m. for anyone wanting a ride by
car directly to catch the boat at 9.15am**

BY BUS

Go to Stand 4 outside Countdown Central on
Cumberland Street. Catch bus No 14 to Port
Chalmers which leaves at 8.30a.m. Get off at
the end of George St before the bus turns into
Grey St. You will notice Port Otago in foreground.
Start walking turn right onto Beach St and follow
the directions above for cars. Note, you will need
to walk for ten minutes to get to where the boat
departs.

Boat departs at 9.15 a.m. Friday for Quarantine
Island. Make sure you are on time as there is only
one departure time. Boat returns to the Island at
3pm Monday to Back Beach.

Bus departs Port Chalmers for Dunedin City at
5p.m. or we can arrange a car ride for you.